



Experience...

... the 20th Fränkische Schweiz-Marathon, that takes place on September 1st 2019. Besides the Marathon Race, Handbike and Inline skating Race we'll offer a half marathon, a 10 K Race and a Relay Race for up to 4 runners. Start and Finish will be in Ebermannstadt. The course of the race runs along the car-free B 470 into the heart of the Franconian Swiss and guarantees perfect conditions for all participants. Thousands of spectators and a colourful framework program along the race course give our event the character of a folk festival.

Organizer

County of Forchheim- Department of Culture and Sports
 Hornschuchallee 20, 91301 Forchheim
 Online: www.fs-marathon.de
 E-Mail: info@fs-marathon.de
 Phone: +49 9191/86-1046

Organizing Clubs

LG Forchheim, TSV Ebermannstadt, Das Erlebnislaufer-Team

Competitions and Start Time

Sunday, September 1st 19, Ebermannstadt B 470

- | | |
|---------------------------------------|-----------|
| • Hand bike Marathon, NHC-Race Series | 8:30 a.m. |
| • Inline Skating Marathon | 8:35 a.m. |
| • Marathon | 8:40 a.m. |
| • Relay Marathon | 8:40 a.m. |
| • 10 K Race, Half Marathon | 9:20 a.m. |
| Finish Time Limit Marathon | 2:15 p.m. |

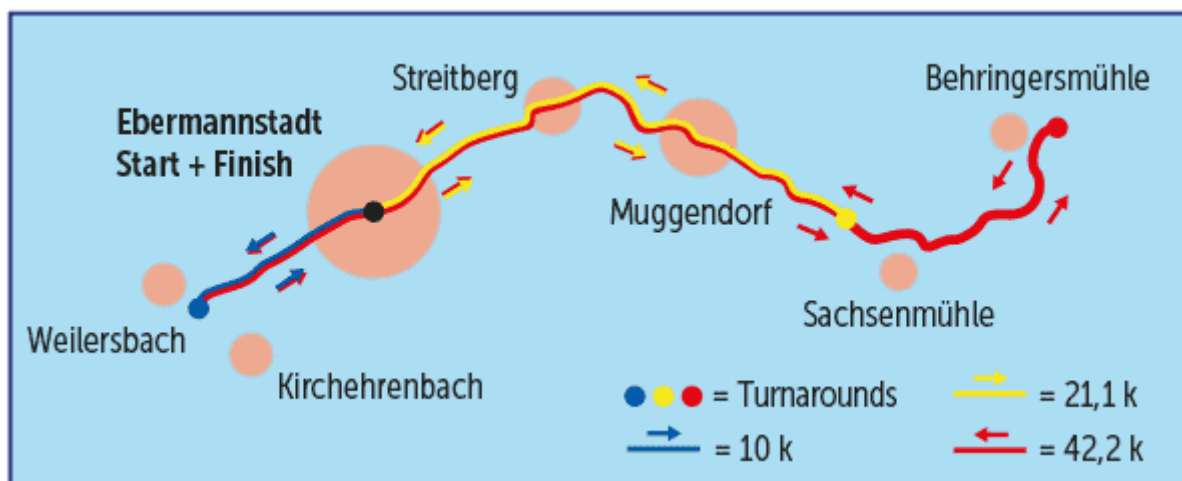
Saturday, August 31st 19, Ebermannstadt Market Place

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|---|---------------|
| • Bambini Race (500m) and Children's Race (1000m) | ca. 3:45 p.m. |
| • 1/10 Marathon: 4,2 K | ca. 4:45 p.m. |

Starter's Package

The Starter's Package for all the races taking place on Sunday can be picked up on Saturday, August 31st 19 between 1 p.m. to 6 p.m. and on Sunday September 1st 2019 from 6:45 a.m. to 8:20 a.m. (10k and Half Marathon until 9:00 a.m.) at Landratsamt Ebermannstadt, Oberes Tor 1, 91320 Ebermannstadt by showing your confirmation of application. The BIB cannot be sent by mail. On Sunday the B 470 is closed for all traffic after 7 a.m., so it is recommended to arrive prior to 7 a.m. or use detour routes or public transport (VGN).

Marathon Race Course (Skating, Hand bike)



Marathon Race Course (Marathon-Run, 21,1km, 10k)

NEUES BILD EINFÜGEN / Image will be added soon

You will find the marathon-route [here](#).

Application

The application can only be effected online on the web page www.fs-marathon.de. The application of minors is only possible when signed by a legal guardian. The deadline for application is August 25th 19. Every contestant who applied in time will receive a confirmation document.

Half marathon

The half marathon starts at 9:20 a.m. First the race takes course towards Weilersbach, where you will turn around and continue back to Ebermannstadt, then the race runs along the car-free B 470 for 5,55 K through the heart of the Franconian Swiss. After the turnaround the contestants run back to Ebermannstadt.

You will find the route [here](#).

10 K Race

The Start of the 10 K Race takes place at 9:20 a.m. This race takes course towards Weilersbach, where you will turn around and continue back to Ebermannstadt. All participants must be born prior to/ in 2006.

You will find the route [here](#).

Relay Race (2 -5 contestants)

The relay race starts at 8:40 a.m. along with the marathon. At least 2, but up to 5 contestants share the distance of 42,2 K.

Section 1: Ebermannstadt - Weilersbach - Ebermannstadt (10 K)

Section 2: Ebermannstadt - Muggendorf (ca. 7,6 K)

Section 3: Muggendorf - Turnaround - Muggendorf (ca. 7 K)

Section 4: Muggendorf - Ebermannstadt (ca. 7,6 K)

Section 5: Ebermannstadt - Weilersbach - Ebermannstadt (10 K)

In the designated exchange zones each relay participant has to pass his Bib with the integrated time measurement chip to the next partner. How to get to the exchange zones and back to the Finish in Ebermannstadt has to be organized by each individual team.

Inline Skating Marathon

Start time for all participants of the Inline Skating -Marathon will be 8:35 a.m. All starters of the first block (Speed-Category) have to have a licensed starter pass, issued by the DRIV (Deutscher Rollsport- und Inline Verband) or one of its affiliated clubs. All other skaters will start in a second block (Fitness-Category).

Team Valuation

Three runners or three skaters starting for the same sports club, gym, etc. form a team. Their individual finishing times will be added. Thus identical spelling of the team name is essential when applying.

Sparkassen Kids' Races

Start and Finish are at the Market Square in Ebermannstadt on Saturday, August 31st 19 at about 3:45 p.m. (the exact times will be posted on the web page shortly before the event)

Bambini: 500 m, all children born 2012 or later are allowed to participate.

Student: 1000 m, all children born between 2008 and 2011.

Each finisher will receive a medal at the finish line.

All participants start free of charge as the Sparkasse Forchheim sponsors the races.

1/10 Marathon

The 4.2 K Race starts on Saturday, August 31st 19 at about 4:45 p.m. All children (Class A and B, born 2004-2007), teenagers (born 2000-2003) and adults are allowed to participate. The first three men and women will each receive a prize. It is also possible to walk or hike the race course. The race course can be found [here](#).

Children and teenagers start free of charge as the Sparkasse Forchheim sponsors the race.

The award ceremony of Saturday Races will take place at about 5:15 p.m.

Award ceremony

All participants who reach the finish line receive a medal. The valuation is effected in the order of participants crossing the finish line (brutto). The certificate with time and ranking can be downloaded from our web page and printed shortly after the event.

11:00	Hand bike
11:30	10 K Race
12:00	Half marathon
12:30	Inline Skating
14:30	Marathon-Run
15:00	Franconian Marathon Crown
After that	Relay Race

The first three men and women to finish the Marathon or the Skating Race will each win a cash prize.

Runners:	1. winner 750 €	2. winner 500 €	3. winner 250 €
Skaters:	1. winner 375 €	2. winner 250 €	3. winner 125 €

The first three participants in each age category (only Marathon) will also receive rewards. The first 3 hand bikers, the first 10 skaters (each category, Speed and Fitness separately), the first 10 participants of the half marathon, and the first 5 participants of the 10 K Race will receive rewards. For the relay race there are three separate valuations "Women", "Men", "Mixed". The first three teams of each category will receive prizes.

For breaking the existing course record marathon runners will receive 250 € extra, skaters and hand bikers will receive 100€.

All prizes have to be picked up personally and cannot be sent by mail!

Time Measurement

The timing will be carried out by an integrated time measurement chip in your Bib. Please notice: You don't have to return it.

All handbikers and Inline Skaters will receive a time measurement transponder with their Bib which has to be returned in the finish area. If you do not return it, we will charge your bank account with the amount of 80,00 € as regular purchase price.

You have to cross all time measurement points along the route. Participants with missing split times will be disqualified.

Benefits

- Confirmation of application
- Food Coupon (only Sunday-Races)
- VGN-Kombi-Ticket: free usage of all public transport means on Sunday (only Sunday-Races)
- Storing of your Carry-on Baggage in Ebermannstadt

- Refreshments along the Race course
- Electronic time measurement
- Pacemaker-Service at Marathon and Half-marathon
- “Finisher-Medal” at the finish line
- Free Certificate available for download
- Showers and Changing rooms

VGN-Kombi-Ticket

On September 1st 2019 the Bib number can be used as a ticket for all means of public transport.

Pacemaker Service

As usual, we will provide you with our pacemaker-service. These experienced runners will help you realize your personal goal. We offer pacemakers for the following finishing times (subject to alteration):

Marathon: 3:30h, 3:45h, 4:00h, 4:15h, 4:30h

Half marathon: 1:30h, 1:45h, 2:00h, 2:15h

The “Franconian Marathon Crown”

We offer a separate valuation called the “Franconian Marathon Crown”. Everybody who will have participated at the following marathon races will automatically qualify for this valuation:

- 15. Obermain Marathon (April, 7th 2019)
- 11. Frankenweg-Lauf (June 02nd 2019)
- 20. Fränkische Schweiz-Marathon (September 1st 2019)

For this special valuation the three finish times will be added. During our award ceremony runners who participated in all three marathon races successfully will be honored.

FSM-Jubilee Club

Become a member of the newly founded FSM-Jubilee-Club !

How it works: You have already participated 10 or more times? (only Marathon, Inline-Skating or Handbike). Then you can apply by writing us an email (info@fs-marathon.de) listing your participations and results.

Your benefits:

- you will receive a Jubilee Club ID-Card
- we will guarantee the lowest price category no matter when you register, before or after July, 31st
- you will receive a special prize during the award ceremony on the day of the race

Framework Program

On Saturday, August 31st 19 between 1 p.m. to 6 p.m. and on Sunday, September 1st 2019, 10 a.m. to 5 p.m. a marathon fair will take place at the Market Square in Ebermannstadt featuring numerous exhibiting companies.

Sunday, September 1st 2019:

The B 470 will be closed for all motorized traffic. All questions regarding this topic can be directed at: +49 9191/86-3211. Along the race course there will be plenty of cultural events. A lot of villages will have street festivals, etc.

Organizational fees

	Until July 31 st	Until August 25 th	On August 31 st
Marathon/ Skating	35 €	40 €	50 €
Marathon /Skating (2001/ 2001 - 2003)	25 €	25 €	30 €
Handbike	35 €	40 €	50 €
Relay Race	45 €	55 €	65 €
Half Marathon	22 €	25 €	35 €
10 K	12 €	16 €	20 €
1/10 Marathon	5 €	5 €	7 €
1/10 Marathon (2000 - 2007)	Free		
Sparkassen Kids Races	Free		
Change of registration (after 31 st July 2019)	5 €		

Runners with a Marathon result better than 3:00 h (Men) and 3:30h (Woman) will receive a free start, if they apply earlier than July 31st 2019. The time must not be run more than 3 years ago and has to be proven by a certificate.

The last chance to apply is on Saturday, August 31st 2019 at Landratsamt Ebermannstadt (organizational fees must be paid cash).

If there is wrong bank information, the participant will have to compensate the charges.

If an enrolled participant can't participate, he/she has got no right of refund of the participation fees. The reasons for not-participating are irrelevant.

Accommodation

The following tourist information centers will gladly assist you in booking a hotel for your stay in the Frankonian Switzerland:

- Forchheim +49 9191/714-338
- Ebermannstadt +49 9194/506-40
- Muggendorf +49 9196/9299-31
- Gößweinstein +49 9242/456
- Walberla +49 9191/978931